

A woman with dark hair is lying on her side on a wooden table, receiving a massage. Her eyes are closed, and she has a peaceful expression. A therapist's hands are visible, applying a golden-colored oil to her back. The background is a soft, out-of-focus white fabric.

RITUALSPA

Indulging Your Senses

RitualSPA Wellness & Beauty Center at Pine Cliffs

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| Room spa services..... |  |
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Look for this symbol! Spa-room service.

Search in this book the spa treatments available to be performed in the comfort of your room, if it provides the necessary conditions, adding to its value on price list a rate of 10€ per trip.

OUR MISSION IS “INDULGING YOUR SENSES!”

RitualSPA Wellness & Beauty Center at Pine Cliffs Resort, a place conceived for your personal refuge from daily stress, where you can benefit from a wide range of luxury treatments, to renew and harmonize your body and soul in a relaxing, welcoming and familiar ambiance.

We provide a unique combination of sensorial details through first class services in Spa therapies and aesthetic services which focus on advanced technology, specific to age and requirements of our customers. All treatments are performed by qualified and experienced professionals, in continuous training, in order to guarantee high quality results and satisfaction.

Let yourself go on an extraordinary adventure to awake your senses!

DECLÉOR
PARIS

SKEYNDOR®

PAYOT
PARIS



MASSAGES

Balance and relaxation

AROMASSAGE

Exclusive protocols, specially developed by Decléor, implying all the quality patterns and know-how of the brand, which bring 4 massage and aromatherapy techniques together, depending on the body assessment of the client and his/her needs.

RELAX 60/90min 80€/105€ 
Relaxing & Distressing.

FLOW 60/90min 80€/105€ 
Draining & Stimulating.


DETOX 60/90min 80€/105€ 
Detoxifying & Purifying.

TONIC 60/90min 80€/105€ 
Toning & Revitalizing.

PHYSIOTHERAPY AND DEEP TISSUE

Body massages, with techniques aimed for the increment of sport performance, improving muscle tone through relaxation and rest. These treatments can be applied in two ways: before physical exercises, as a way of preparation, greatly reducing the risks of lesions; or after, therefore incrementing a fast muscle recovery.

SPORT MASSAGE 60/90min 85€/110€ 
Deep Tissue sport massage.

BODY SHIFT MASSAGE 60/90min 85€/110€ 
An advanced sport massage technique used to increase the flexibility of the muscles and joints.

AFTER GOLF MASSAGE 45/60min ... 65€/85€ 
Deep Tissue recovery massage.

SIGNATURE

This unique luxury group of massages offers a sense of extreme relaxation and well being, resulting from the knowledge of ancestral oriental therapies, in a ritual of aromatherapy and balms prepared with the best essential oils to soothe and caress your body and soul. Quite a temptation for your senses and an excellent therapy for your stress!

PINE CLIFFS EXTREME INDULGING
75/90min 95€/115€

Exclusive luxury massage protocol combining manual techniques adapted to your needs, with use of Hot Stones and Pindas in the areas of most concern.

LUXURY WORLD MASSAGE 75min 95€ 

Another exclusive massage protocol of Pine Cliffs luxury collection, combining several world massage techniques such as Ayurveda, Shiatsu, Thai, Hawain, Bamboo, Ca-

lifornian and Swedish in a single massage. Discover the world with your eyes closed!!

GEOHERMAL 70/90min 90€/115€
Hot and Cold Stones Massage.

ORIENT BREEZE 60/90min 80€/105€
Massage with heated spice oils.

WATER SHELLS THERAPY 60/90min ... 80€/105€
Discover the absolute Wellbeing coming from the deep of the ocean!

BAMBOO SENSATIONS 60/90min ... 80€/105€ 
Massage based on the bamboo therapy.

GEMOTHERAPY MASSAGE 60/90min 80€/105€ 
Anti-fatigue massage with the use of semi-precious gem stones.



HALF BODY MASSAGE

If your time to unwind is limited but you still want to treat those areas of concern and tension in your neck, shoulders, back or legs, then this will be the right choice for you!

TRANQUILITY MOMENT 30min 45€ 
Scalp, Neck and Shoulders Massage.

COMFORT MOMENT 30/45min 45€/65€ 
Feet and Legs Massage or Reflexology.

ORIENTAL MASSAGES AND THERAPIES

The massage and oriental therapies have their origin in the Ancient civilizations, when the techniques applied were accepted as preventive and therapeutic medicines.

AYURVEDIC TRADITIONAL MASSAGE 90min 115€ 

ABHYANGA MASSAGE 60min 85€ 

INDIAN HEAD & SCALP MASSAGE 30min 45€ 

THAI MASSAGE 90min 115€ 

TUI NA 60/90min 85€/115€ 

REFLEXOLOGY 45min 65€ 

SHIATSU 60min 85€ 



AROMA WRAPS AND SCRUBS

Total comfort

Body masks, which due to their exclusive natural formulas, are giving immediate visible results. This group of treatments consists in the following rituals: welcome back massage, deep body scrub, and body wrap with the application of specific cosmetics. Face and scalp massage are included, for your pampering, during the mask.

ANTI-FATIGUE WRAP 70min 90€

An extreme relaxing and nourishing treatment due to the unique combination of white clay, papaya enzymes and glycerol.

INTENSE DETOX & SLIMMING WRAP 70min 90€

Optimum slimming, refines the body by draining toxins. With sea algae, ghassoul earth, green tea and active essential oils of grapefruit, black pepper, basil and hyssop.

INTENSE FIRMING WRAP 70min 90€

Firms, tones and reshapes contours, with mango butter and active essentials oils of Immortelle, Lemon and Frankincense.

SEMI PRECIOUS WRAP 70min 85€

Semi-precious stone extracts, remineralise and balance your body for their richness in trace elements.

DELICIOUS WRAP 70min 85€

Chocolate and Vanilla natural main ingredients, moisturise and revitalize.



ANTIOXIDANT WRAP 70min 85€

Antioxidant and anti-aging Red fruits based.

ARTIC WRAP 70min 85€

Activates blood and lymphatic circulation, with the use of Arctic plants.

TENS WRAP 70min 85€

Contracture relieving with Ginger active base.

RED ISLAND BODY SCRUB 35min 35€

A rich sensorial experience inspired from lively and unique nature red fruits based antioxidant and anti-aging.

GOURMET BODY SCRUB 30min 35€

Homemade body scrub, prepared before the treatment, rich in a combination of natural main ingredients, essential oils, dry flowers and leaves.

FACIAL TREATMENTS

Effectiveness and pleasure

ESSENCE PURITY 90min95€

Deep cleansing facial includes the usage of vapour/ozone, vacuum-suction, high-frequency, followed by application of purifying and balancing mask.

ESSENCE AROMACTIVE 45/60min65€/80€

Multi-active facial treatment for all skin types.



ESSENCE EXPERT YOUTH 75min95€

Personalised and specific facial treatment for any skin conditions: dehydrated, sensitive, oily, dry, mature/anti-aging, fine wrinkles.



WHITE BRIGHT EXTREME (combined with Dermabrasion) 90min105€

Brightens, illuminates, for dull, lacklustre and pigmentation problem skins.

LUXURY FACIAL COLLECTION 75min....135€

Exclusive treatments performed with a rigorous selection of the most effective active ingredients available nowadays for prevention and immediate repair of the signs caused by skin aging. The effects of the pure collagen masks and the tensing properties of cryotherapy allow stunning results.

VITAL EYES RITUAL 15/30min25/40€

A relaxing and anti-aging ritual for the most sensitive area. Tones, reduces puffiness and dark circles for tired eyes.



FACE TREATMENT SESSIONS

L' EXPRESSION DE L' AGE, ECLAT EXTREME, NUTRITION, EXTREME AROMA PURETÉ, HYDRAFORCE, DOUCEUR EXTRÊME

A 5-sessions treatment program combined with cosmetics and electro-aesthetics application aimed at the intensive care of issues that have an effect on the different skin types with truly positive and surprising results.

The treatment programs can be changed and personalised according to the client's condition.

For such, the technical assistant will have to perform a previous diagnosis. Please refer also to our "à la carte" facial treatment program totally personalized and tailored to your specific needs.

Duration and prices available under consultation.

BEAUTY TREATMENTS

Innovation and hi-tecnology

SPECIFIC AREA TREATMENTS

Consist in exfoliation, followed by massage suitable to the concern and application of mask and cosmetics, according to the treatment. And always our pampering for you: face and scalp massage or hands and arms.

PERFECT LEGS 50min65€

Tired and Heavy Legs.

EXPERT CONTOUR 60min80€

Anti-cellulite and slimming.

PERFECT BUST 60min80€

Bust Firming.

PERFECT SCULPT 60 min80€

Body Firming.

BODY TREATMENT SESSIONS

Treatment sessions adapted to the length of your stay and combined with the application of the most recent electro-aesthetic techniques and cosmetics aimed at the intensive care of different body issues, with truly innovative and surprising results.

The treatment programs can be changed and personalised according to the client's specific needs.



PHOTOCARE

Exclusive and innovator treatment of facial integrated aesthetic, based on phototherapy and photoporation techniques, through which the application of natural main ingredients have a more effective penetration on the skin, thanks to the vasodilatation of the pores resulting of the use of LED light, aimed to stimulate the skin cells in the production of elastin and collagen and activate the repair enzymes of the skin. Amazing results after one session!

DERMOABRASION TREATMENT

This dermoabrasion treatment uses diamond microparticles to exfoliate and regenerate the skin.

Diminishes fine wrinkles, black heads, pigmentation, scars and refines the skin texture.

Duration and prices available under consultation.

FOR BODY

LIPO CAVITATION (non-invasive liposuction)

It is the most recent and innovative aesthetic technology for treatments aiming to reduce body volume (up to 6-8cm in total, on the 1st session) and cellulite, with surprising results. It's recommended after the treatment to follow with lymphatic drainage sessions.

RADIOFREQUENCY

Currently the most powerful and effective treatment against cellulite and flabbiness, since the heat produced by it creates a strong regeneration of fibroblast, producing new collagen and elastin fibres (responsible for skin firmness).

PRESSOTHERAPY

Mechanic lymph drainage therapeutic method, indicated for tired and heavy legs problems, circulatory problems (varicose veins, spider veins, liquid retention), anti-cellulite treatments, post-operation recovery.

BIACTIVE THERMO STIMULATION

Innovative method which fights cellulite and flaccidity. Reshapes the silhouette and increases muscle tonus thanks to its exclusive Biactive effect, which combines thermoactive and stimulating therapies.


Duration and prices available under consultation.



KIDS AND TEENS


Prevention and correction

For kids and teens, the spa experience will give the first steps for face and body care, as well promotion of concentration and appease of the most agitated, or even children with hyperactivity syndrome.

KIDS MASSAGE 15/30min **18€/35€** 
Hyperactivity regulating massage for kids till 12 years old.

TEEN'S BALANCING MASSAGE 15/30min **25€/40€** 
Calming and rebalancing massage for 12-16 years-old.

AROMA TEENAGER 50min **60€**
Facial treatment for young skins, with offer of personalized guide for face essential care.

ACNE SOLUTION 60min **80€** 
Facial treatment combining therapeutic effects with soft laser (LED) regenerating action, with visible results after the first session.

WINK 60 min **25€**
Eyebrow definition.

For such, the technical assistant will have to perform a previous diagnosis. Please refer also to our "a la carte" facial treatment program totally personalized and tailored to your specific needs.

Duration and prices available under consultation.

ELECTROTHERAPY TREATMENTS FOR FACE

RADIOFREQUENCY

Excellent results are associated with this treatment thanks to its regenerative properties, acquired through the stimulation process of fibroblasts and the significant increase on production of collagen and elastin. Amazing anti-aging results: ultra-firming, anti-wrinkle and lifting.

TREATMENTS FOR MEN

Rituals just for him

Because men life is filled with stressful situations, both physical and mental, we created some rituals that help to fight these weary effects resulting from their day-to-day activities.

FACE

X-PRESS ENERGY 35min45€

Express facial treatment for him, detoxifies, refreshes and energises.

INTENS ENERGY 75min95€

Intensive facial treatment with a revitalizing effect. Detoxifies, purifies and replenishes.

CLEAN UP 50min70€

Mechanical Express facial cleansing.

MENS BARBERING30€

Shaving services, which includes skin care.

BODY

BACK PURITY 60 min75€

Exfoliation, massage and purifying mask to regain a clear and blemish-free back.

BACK MASSAGE 30/45min45€/70€

Relax or Deep Tissue Back massage.

PURE ENERGIE WRAP 70min85€

Exfoliates, destresses and energises. Revitalizes and provide a pure sense of energy. With Papaya extracts and active essential oils.



MOTHER-TO-BE

Recover and treat



For the future and recent mothers, the ideal treatment for relaxing, for heavy and tired legs, and for prevention of stretch marks. Helps to recover the silhouette and skin firmness.

MOTHER-TO-BE 45/60min70€/85€ 

Massage for future Mummy's.

NATURAL MOTHERHOOD 60min80€

For pregnant women and new mothers. Helps combat stretch marks, dryness and skin firmness. With Ginseng, aminoacids and active essentials oils of Immortelle, Rose and Camomile.

LOCAL LYNPHATIC DRAINAGE 45/60min70€/85€ 

Techniques of manual lymphatic drainage.

SENIOR TREATMENTS

Feel the beauty from your soul!

Giving special attention to the needs of the elderly, we created several specific treatments for truly relaxing and pampering moments. Our promise is to provide services that encourage self image, self esteem, lift the spirit, and touch the soul of each client, improving its daily living quality.

ELDERY THERAPEUTIC MASSAGE

75min 85€ 

It is specifically designed to meet the needs of elderly people. Improve blood circulation, relieve pain, anxiety, increase the range of motion and provide comfort.

LISS'AGE EXCELLENCE (total Anti-ageing)

60min 90€ 

This excellent facial treatment regenerates and softens the skin, recovering its elasticity and hydration, with plant extracts and active essentials oils of Immortelle, Magnolia and Frankincense. Ideal for 50 years old and over.

DIATHERMY

Duration and prices available under consultation.

This treatment consists in the application of thermotherapy in the deep tissues. The effects of stimulation of the blood flow, anti-inflammatory, contracture and pain relief are extremely effective. Indicated in the treatment of pains, chronic inflammations, muscle contractures, and esthetic alterations such as skin aging and flaccidity.

BODY WRAP 60m

Before booking for this treatment we recommend a previous consultation to determine the client needs.

AROMATHERAPEUTICAL SUNCARE

Let the sunshine glow naturally

SUNRISE 90m 115€

Self-Tanning and skin preparing ritual, for a longer lasting and healthier tanning result.

SUNSET 90m 115€

Repairing After-Sun Ritual. Soothes, repairs, hydrate and relieve burning sensation from the skin, caused by the Sun.



BOUNDLESS RITUALS...

½ day packages

Indulge yourself in our exclusive packages, and choose any of our boundless rituals.

MY TIME 135min 155€

Consist in body exfoliation and massage adopted do client needs, followed by a facial treatment.

PURE HOLISTIC 150min 180€

Include a body exfoliation followed by hot stone massage and a personalized facial treatment.

PURE HARMONY 135min 165€

Body exfoliation and massage, according to your preferences, followed by a body wrap at your choice with facial and scalp massage.

ABSOLUTE SPA & BEAUTY 250min 285€

This treatment pack was particularly designed to take care of your body while your spirit achieves a state of complete relaxation and wellbeing. Nothing was left to chance and we prepared a complete protocol which includes: Body exfoliation, massage and body wrapping, followed by a personalised facial treatment, brushing, manicure or regular pedicure.

ROMANTIC ODISSEIA (for two) 70min 170€

The experience sheared by two: Aromatherapy personalized massage with application of hot stones on the most tense areas.



HONEY MOONERS (for two) 105min 240€ 

Don't miss the chance to try out this really special treatment! Discover moments of extreme relaxation and sensory comfort, shared by two in an holistic atmosphere that will caress all your senses.

Aroma bath (only available in room), aromatherapy massage, followed by a facial Essence Aromactive treatment (for all skin types).

DAY-TO-DAY BASIC CARES

Well-being

MANICURE / PEDICURE

| | | |
|---|-----|---|
| SIMPLE MANICURE 45min | 20€ |  |
| FRENCH MANICURE 55min | 25€ |  |
| REGULAR PEDICURE 55min | 35€ |  |
| MEDICAL PEDICURE 75min | 55€ | |
| NORMAL NAIL COLORING 15min | 12€ |  |
| NAIL FRENCH COLORING 20min | 15€ |  |
| SPA MANICURE 60min | 60€ | |
| Nourishing hand treatment, that consists in grape bath, exfoliation, application of mask and massage. | | |
| SPA PEDICURE 70min | 65€ | |
| Nourishing feet treatment that consists in grape bath, exfoliation, mask and massage. | | |
| GEL NAILS APPLICATION | | |
| Duration and prices available under consultation. | | |

WAXING

| | |
|----------------------|-----|
| HALF LEG 30min | 25€ |
| FULL LEG 40min | 40€ |

| | |
|---|-----|
| HALF ARM (up to elbow) 20min | 20€ |
| BIKINI LINE /GROIN AREA 20min | 20€ |
| TOTAL BRAZILIAN WAXING 40min | 40€ |
| UNDERARMS 20min | 20€ |
| UPPER LIP 15min | 12€ |
| CHIN 15min | 12€ |
| EYEBROW SHAPING 20min | 20€ |
| BACK 40min | 40€ |
| CHEST (men) 30min | 30€ |
| PERMANENT VPL DEPILATION | |
| Duration and prices available under consultation. | |

OTHER SERVICES

| | | |
|-----------------------------------|------|---|
| EYEBROW DYEING 20min | 30€ |  |
| EYELASHES DYEING 30min | 35€ |  |
| EYELASHES PERMING 45min | 40€ |  |
| EYELASHES EXTENTIONS 150min | 150€ | |
| MAKE UP 60min | 60€ |  |



WEDDING SERVICES

Ritual Spa provides a wide range of services for wedding party and guests, which includes make up, hairdresser and salon services, face and body treatments and massages, totally adapted to your wishes.

For more information please contact RitualSPA Wellness & Beauty center.

HAIRDRESSER SERVICES

We have available a wide range of hair services, from a simple brushing, to high lights, virtuous elaborated pin up styles such as gala and bride, hair treatments, children's hair cut and a specific services for Men.

We invite you to consult our Hairdresser Menu & Price List, which is provided separately.

RITUALSPA WELLNESS & BEAUTY CENTER AT PINE CLIFFS

Etiquette and cancellation policy

Our spa etiquette was created to make your experience at our Wellness & Beauty Center comfortable, relaxing and to guide you on how to make reservations, what to wear and what to expect.

Assistance and appointments

- A Spa receptionist will coordinate the treatments experience specifically for your needs.
- We advise our guests to make their appointments as far in advance as possible, so that we can meet your scheduling requests.

Guest timeliness

- We kindly ask our guests to arrive 5 minutes prior to your scheduled appointment time, so we can record your current treatment needs.
- Please note that as a courtesy to all our clients a prompt appointment schedule is adhered to. Arriving late will possibly interfere with your treatment time so therefore, the treatment may not be as effective or therapeutic for you. Your treatment will end on time, so the next guest will not be inconvenienced. Please allow the therapist to perform a service as reserved and timed.

Customer requests, communicating your preferences

- You may request a specific gender massage therapist and/or beautician while booking an appointment. We can not guarantee that we will have your request available at all times. All Spa employees are trained to respect the privacy of our guests and to create a comfortable relaxing environment for all.
- During a massage, let the therapist know if the pressure level is what you prefer. During body treatments or facials feel free to ask questions about the products, procedures or expectations of the service. If any part of your experience is unsatisfactory, please tell the therapist. If the response is not helpful, inform the manager.

Environment

- Share public space respectfully with other spa customers. When in common areas, such as the waiting room, please help to maintain a pleasant ambiance by keeping your voices down in consideration of others Wellness & Beauty Center customers.
- We thank you for keeping your mobile phones switched off at all times within the Wellness & Beauty Center.

Valuables

- Please do not bring valuables to the spa. Valuables should be left in your room safe. Most Spa treatments will require the removal of jewelry. We will not assume any liability in the event of lost property.

What to wear during a Treatment

- It is recommended that during a Body Treatment or Massage, undergarments and swimsuits may be worn or disposal underwear can be provided. Professional draping is performed throughout the duration of the service for privacy.
- If you are having a pedicure make sure that your pant legs can be pulled up over your knees and make sure that you have footwear that will allow your toes to fully dry.

Health problems and comfort Level

- Please inform your therapist in case of any injury or physical condition, as well as your preferences for the room temperature, light, music and fragrances, all aspects of treatment can be modified to your taste. Give the therapist feedback as to your comfort and special troubled areas.
- Give honest feedback to the therapist if you are unhappy with your treatment so she/he has a chance to correct this. If no feedback is given during your treatment we assume everything went well.
- Physical contraindications that may prevent you from having a treatment are: pregnancy, allergies, recent surgery. Physical ailments



such as epilepsy, cancer, diabetes, cardiac problems. If you are affected by any of these conditions consult your physician prior to visiting the Wellness & Beauty Center and please inform the therapist and us when making a booking.

Children

- Children under 12 years old are allowed at the Wellness & Beauty Center for treatments however should be accompanied by an adult.

Gratuities

- Gratuities may be made for excellent service at our client's discretion.

Shaving

- Shaving any part of the body or face before a treatment is up to the client, however, we recommend doing so, at least 2 hours before your treatment.

Spa Payment Inquiries

- If you are a registered hotel guest when attending the Wellness & Beauty Center, this will allow you to charge services to your room. Any additional guests sharing your accommodation will be charged to your room as a "share with". We accept all major credit cards, cash and gift certificates purchased through the hotel. Gratuities are not included with any of our Spa treatments.

Cancellation Policy

- RitualSPA Wellness & Beauty Center at Pine Cliffs services and treatments are by appointment which is time reserved exclusively for you and we request that you acknowledge and respect our cancellation policy. As a courtesy to other guests and our therapists, we ask that you notify us a minimum of 12 hours in advance to reschedule or cancel your appointment. Fifty percent of the value of the treatment will be charged for cancellations received less than 8 hours before a scheduled appointment. No-Shows and cancellations within 2 hours of the scheduled service are non-cancellable and are charged at full value.
- If you need to reschedule or cancel your appointment please call us on: 3031.

Our mission is to offer you the utmost comfort experience. Indulge your senses!



